



Eden Church VBS 2020: The Armor of God Helmet of Salvation Craft

Materials:

1. 1 milk/water jug per child - gallon size
2. A strong pair of scissors
3. Buttons, spray paint, sticker, markers... anything to help decorate
4. Duct Tape
5. Glue gun (and an adult to use it!)

Directions:

1. Use a marker to trace out a fairly even helmet shape for cutting on the milk jug. You may need to play with it a little to get the right fit for each child.



2. If you want to spray paint it, do that next.



3. Fold duct tape around the outside edges that were cut; it helps because the plastic is uncomfortable against the skin.

4. Continue to decorate your helmet as you choose.
Have fun, and use your imagination!

<http://eaglenestmom.blogspot.com/2012/08/helmet-of-salvation-armor-of-god-craft.html>