



Eden Church VBS 2020: The Armor of God Shoes of the Gospel of Peace Craft

Materials:

1. Permanent marker
2. Cardboard (Corrugated works well)
3. Sharp scissors or a box cutter (with adult supervision!)
4. Duct Tape
5. Fabric or ribbon (about an inch thick)
6. Hot Glue Gun with Glue (Optional, but helpful!)

Directions:

1. Use the permanent marker to trace around your child's feet on the cardboard to make each shoe base. Like real shoes, you're going to want to outline a base that is a little bit wider than your child's feet.
2. Use sharp scissors or a box cutter to cut out the shoe bases you traced. Be careful not to cut anything but the cardboard!
3. Use scissors to cut the fabric to the lengths you'll need. For each foot, you'll need 1 short piece of fabric to go over the top of the foot just behind the toes (measure to make sure it fits over the foot and down beneath the sandal) and 1 long piece of fabric to wrap from the sandal up the ankle (approx. 43 inches).
4. Cover each cardboard sandal base with duct tape - top and bottom. It will look more like armor, and it will last longer.
5. Use more duct tape to attach the straps of fabric to the sandals. Wrap the shorter fabric strip in place at the front of the sandal, putting duct tape over the ends where they meet. Place the middle of the longer strip beneath the bottom at the back of the sandal, and secure it on the bottom with duct tape, leaving two equal ends of the fabric strip coming up from the bottom of the



sandal. You may want to put on a whole extra layer of tape along the bottom as well to add extra reinforcement.

6. If you have access to a hot glue gun, use it to put some lines of glue on the bottom of the sandals for traction.
7. Slip on the sandals, wrap the fabric up the leg, tie a bow or loose knot, and have fun!

