



**Eden Church VBS 2020: The Armor of God**  
**Belt of Truth Mission Project: Sunshine to Seniors**

**Introduction:**

Right now, with the Corona Virus spreading so easily, older adults who are living in senior care centers are especially isolated. Their family members and friends cannot come visit them, and they are sure to be feeling lonely. A note from you, with a friendly message, a cheerful picture, and some bright colors would be a light and encouragement in the middle of the loneliness. Let's send some sunshine to the senior adults living around us, and encourage them with some fun mail!

**Materials:**

1. Paper - White Copy Paper or Colored Construction Paper
2. Writing Utensils
3. Stickers - optional
4. Envelopes

**Directions:**

1. Fold paper in half, and draw pictures, color, and put on stickers to make the card.
2. Write an encouraging message inside. Here are some ideas about what to say:
  - a. "Have a wonderful day!" or "Have a day full of sunshine!"
  - b. "You are loved." or "I love you."
  - c. "You are special." or "God loves you."
  - d. "You are missed." or "I care about you."

\* Do **NOT** include your full name, the date, or other identifying information. \*

3. Put your card in an envelope and address it to "A Resident" at the Senior Care Facility. (If you make more than one card, put each in an unsealed envelope, to go to individual residents, but then put all of the cards in a

larger mailing envelope to send to the senior care facility all at once. It might be a good idea, parents, to include a brief note explaining the letters in the package and how they can be distributed.)

4. Wrap up your mission project time this week for a time of prayer for the individuals who will be receiving your cards, if you can!

**List of Area Senior Care Centers:**

**Mason Country Care**

776 East Columbia St.  
Mason, MI 48854

**Green Acres - Mason**

1025 E. Ash St.  
Mason, MI 48854

**Craft Care Home**

588 S. Edgar Rd.  
Mason, MI 48854

**Divine Nest Assisted Living**

4887 S. Hull Rd.  
Leslie, MI 49251

**Dansville Country Care**

1060 Jackson St.  
Dansville, MI 48819